

Variable	Mean	SD	Min	Max
Age	34.5	10.2	18	65
Gender	Male	Female		
Marital Status	Married	Single		
Education	High School	College		
Occupation	Manager	Worker		
Income	\$20,000	\$30,000		
Health Status	Good	Fair		
Stress Level	Low	High		
Life Satisfaction	High	Low		
Resilience	High	Low		
Optimism	High	Low		
Gratitude	High	Low		
Forgiveness	High	Low		
Empathy	High	Low		
Compassion	High	Low		
Kindness	High	Low		
Generosity	High	Low		
Patience	High	Low		
Self-control	High	Low		
Emotional Stability	High	Low		
Psychological Well-being	High	Low		
Life Purpose	High	Low		
Meaning in Life	High	Low		
Existential Well-being	High	Low		
Transcendental Well-being	High	Low		
Religious Well-being	High	Low		
Spiritual Well-being	High	Low		
Inner Peace	High	Low		
Harmony	High	Low		
Balance	High	Low		
Equilibrium	High	Low		
Stability	High	Low		
Consistency	High	Low		
Reliability	High	Low		
Trustworthiness	High	Low		
Integrity	High	Low		
Honesty	High	Low		
Authenticity	High	Low		
Genuineness	High	Low		
Sincerity	High	Low		
Openness	High	Low		
Transparency	High	Low		
Clarity	High	Low		
明瞭	High	Low		
Insight	High	Low		
Understanding	High	Low		
Wisdom	High	Low		
Knowledge	High	Low		
Experience	High	Low		
Expertise	High	Low		
Proficiency	High	Low		
Competence	High	Low		
Ability	High	Low		
Talent	High	Low		
Gift	High	Low		
Skill	High	Low		
Capability	High	Low		
Power	High	Low		
Influence	High	Low		
Authority	High	Low		
Leadership	High	Low		
Management	High	Low		
Organization	High	Low		
Structure	High	Low		
System	High	Low		
Method	High	Low		
Technique	High	Low		
Approach	High	Low		
Strategy	High	Low		
Plan	High	Low		
Design	High	Low		
Concept	High	Low		
Idea	High	Low		
Thought	High	Low		
Belief	High	Low		
Opinion	High	Low		
View	High	Low		
Point of View	High	Low		
Perspective	High	Low		
Insight	High	Low		
Understanding	High	Low		
Knowledge	High	Low		
Experience	High	Low		
Expertise	High	Low		
Proficiency	High	Low		
Competence	High	Low		
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Management	High	Low		
Organization	High	Low		
Structure	High	Low		
System	High	Low		
Method	High	Low		
Technique	High	Low		
Approach	High	Low		
Strategy	High	Low		
Plan	High			

5